

# University of Houston Clear Lake

## **Drug-Free Schools and Communities Act Biennial Review**

*2020-2021 and 2021-2022 Academic Years*

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## Introduction

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education such as the University of Houston-Clear Lake (“University”) to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by students and employees both on its premises and as a part of any of its activities.

The University acknowledges its obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act, and authorized an administrative review to be conducted to determine if the University fulfills the requirements of these Federal regulations. The Division of Student Affairs, together with the Office of Human Resources, Title IX and University Police, is responsible for conducting the review and reporting on the findings.

The intention of this document is to summarize and evaluate the effectiveness of the programs and activities related to alcohol and drug prevention during the 2020-2021 and 2021-2022 academic years.

## Review Committee Membership

- Dr. Tina Powellson, Interim Vice President, Student Affairs
- David Rachita, Dean of Students/ Iliana Melendez, Associate Dean of Students
- Dr. Cynthia Cook, Executive Director, Counseling Services
- Regina Pickett, Director of Health Services
- Patrick Cardenas, Executive Director, Office of Student Involvement & Leadership
- David Brittain, Title IX/Equal Opportunity Officer
- Russell Miller, University Police Chief/ Kelley Reid, Compliance Officer
- Erika De Leon, Director, HR Operations

Alcohol and drug prevention policies and procedures in the following University departments are reviewed for the biennial review:

- Student Affairs/Dean of Students
- Office of Student Involvement & Leadership
- Counseling Services
- Health Services
- Student Housing and Residential Life
- Human Resources
- Title IX (Sexual Misconduct)

## Compliance with Drug Free Schools and Communities Act

The University continues to remain in compliance with the requirements of the Drug-Free Schools and Communities Act and has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by its students and employees as demonstrated by this biennial review. The University maintains written policies on alcohol and

other drugs and has developed a thorough method for distributing this policy to every student and employee.

The Department of Education requires that each institution of higher education distribute its annual AOD policy notification in writing. The materials are annually distributed and contain the following information:

- Standards of conduct that prohibit unlawful possession, use or distribution of illicit drugs and alcohol on its property or as a part of its activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- A description of applicable legal sanctions under local, state or federal law
- A description of counseling or treatment programs
- A clear statement and description of the disciplinary sanctions the institution will impose on students and employees.

As a part of the biennial review, the following data, resources and programs were examined:

- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and Campus Regulations prepared by the Higher Education Center
- The 1998 Amendments to the Higher Education Act of 1965 (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989 (P.L. 101-226) and related commentary and general provisions
- Higher Education Opportunity Act – 2008. The Higher Education Opportunity Act (Public Law 110-315) (HEOA) enacted on August 14, 2008, reauthorizes the Higher Education Act of 1965, as amended (HEA)
- Higher Education Center for Alcohol and Other Drug Prevention
- Regulatory changes to the HEOA in Section 107, which require future reports of the number of drug and alcohol related violations and fatalities that have occurred on the institutions campus as a part of the institutions activities that are reported to campus officials
- The compliance checklist developed by the U.S. Department of Education’s Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention
- State and Federal Drug and Alcoholic Beverage Laws
- University of Houston-Clear Lake *Drug and Alcohol Abuse Program* documents distributed to all faculty, staff and students
- University of Houston-Clear Lake *2020-2021 and 2021-2022 Academic Catalogs*
- Policies and regulations in the University of Houston-Clear Lake *Student Code of Conduct* and *Student Policy Handbook*
- Policies and regulations in the University of Houston-Clear Lake *Employee Standards of Conduct*

- Human Resource employee actions for possible infractions of the drug and alcohol policy presented to faculty and staff
- Employee policies related to drug and alcohol use by University employees and the sanctions imposed for failure to comply
- Student policies related to drug and alcohol use by University students and the sanctions imposed for failure to comply
- UHCL Administrative Policies and Procedures. The following policies and procedures include reference to alcohol and/or drug

UHCL [Campus Carry Policy](#)

UHCL [Discipline and Dismissal of Regular Staff Employees](#)

UHCL [Drug and Alcohol Abuse Prevention](#)

UHCL [Use of Space and Facilities](#)

UHCL [Sexual Misconduct Policy](#)

UHCL [Student Code of Conduct](#)

UHCL [Faculty Handbook](#)

In compliance with the Drug-Free Schools and Communities Act, the University has implemented a program to prevent the illicit use of drugs and the abuse of alcohol by students and employees. The program includes annual distribution of information to students and employees concerning the possession, use, or distribution of alcohol and illicit drugs at the University.

The Federally Mandated Policy about alcohol and other drugs is distributed annually to each staff member and student as follows:

The University of Houston-Clear Lake *Drug and Alcohol Abuse Prevention Policy* is distributed after each periodic revision to faculty and staff and to all new employees during new employee orientation.

The student Alcohol and Other Drug Policy is distributed during orientation and annually via email in the Student Policy Handbook, Community Expectations Handbook, and is available to staff, students, on line at:

<https://www.uhcl.edu/dean-of-students/student-handbook>

### Philosophy

The University prohibits the unlawful use, manufacture, sale, distribution, dispensation, or possession of **illicit drugs and or alcohol** in the workplace, on the campus, or at any University activity. Penalties for violation of this policy are indicated below.

Consequently, the use of alcoholic beverages is prohibited on the campus or as part of any University activity unless for an approved sponsored activity where alcoholic beverages may be legally distributed. For certain University events or functions, alcohol may be served only to those persons of legal drinking age who, if so requested by the event sponsor, are able to verify their age with a state issued identification, passport or similar document.

The University's policy on alcohol and drugs is implemented across the University community. Most commonly, it is articulated in the Academic Catalog, Student Handbook, and the Drug and Alcohol Abuse Prevention Policy, Faculty Handbook. The Dean of Students Office provides overall coordination of the Drug-Free Schools and Communities Act Program and coordinates with other departments in the oversight of University policy, including:

For Student Disciplinary Actions:

Dean of Students Office  
281-283-2657  
SSCB 1201  
[deanofstudents@uhcl.edu](mailto:deanofstudents@uhcl.edu)  
<https://www.uhcl.edu/dean-of-students/>

For Employee Disciplinary Actions:

Human Resources  
281-283-2160  
Bayou Building B2537  
[humanresources@uhcl.edu](mailto:humanresources@uhcl.edu)  
<https://www.uhcl.edu/human-resources/>

The University utilizes a four-part framework to address alcohol and other drug use by implementing the following strategies: Policy, Enforcement, Education and Intervention. An overview of each strategy is described in this document.

## **Policy**

The unlawful use of drugs or alcohol is inconsistent with the behavior expected of members of the university community. The university is committed to the development and maintenance of a drug-free environment on the campus as well as an environment that prohibits the abuse of other drugs and alcohol. The university has a drug and alcohol abuse prevention program in operation, accessible to all members of the University community and is committed to the further expansion of that program and the dissemination of drug awareness information to the members of the university community. In addition, the university is committed to enforcing the provisions of the Drug-Free Workplace Act of 1988 and the Drug-Free School and Communities

Act of 1989 and believes that these acts and their implementation regulations provide the proper framework for the drug and alcohol abuse policies of the University.

***University Student Alcohol Use Policy:***

The University neither condones nor sanctions the use of alcohol. All individuals are expected to observe the applicable local, state and federal laws. The University strictly prohibits the use, consumption, possession, and distribution of alcohol by any student, regardless of legal age, within the residence halls, on campus grounds, or at University-sponsored activities.

For certain University events or functions, alcohol may be served only to those persons of legal drinking age who, if so requested by the event sponsor, are able to verify their age with a state issued identification, passport or similar document. Written permission from the University President or a Vice President to serve alcohol, and any legally required alcohol permits must be obtained prior to the function.

***University Student Drug Use Policy:***

The unlawful possession, use, sale, or distribution of illegal drugs or controlled substances is prohibited within the residence halls, on campus grounds, or at University-sponsored events. Drug paraphernalia is not permitted within the residence halls, on campus grounds, or at University-sponsored activities.

***Registered Student Organizations: Risk Management and Training:***

In 2007, “Clay’s Bill” or House Bill 2639/Senate Bill 1138 became law requiring training for RSOs. All four-year public and private universities are mandated by the state of Texas to comply with a risk management program. For all Registered Student Organizations (RSOs), risk management training is incorporated into the student organization registration/renewal process.

The following topics included in Risk Management:

- Illegal Substances
- Alcohol
- Hazing and Hate Crimes
- Sexual Misconduct
- Fire Safety and Firearms (Includes other Safety Concerns)
- Student Travel (In/Out of state)
- Student Org Social Event(s)/Programs(s)
- Disability Awareness (Access)

Each topic is covered in the mandatory RSO registration training with dedicated presentation slides outlining more details about each topic. In summer 2021, campus partners worked on creating educational videos on each topic for the RSOs to review as part of the RSOs registration/renewal process.

***Tobacco Free Policy:***

Tobacco use poses a significant risk to the health of both users and non-users. Secondhand smoke, smoking/non-smoke device emissions, snuff, and chewing tobacco can be irritating, can cause health hazards for nonsmokers in the workplace, and can be damaging to property. It can be particularly harmful to individuals with related heart and respiratory diseases or allergies. In the interest of the comfort, health, and safety of all its faculty, staff, and students, the University is required by State law to follow the rules regarding smoking.

The University of Houston-Clear Lake has been designated as a tobacco-free campus. This policy prohibits the use of all tobacco products in university buildings and on university grounds, including parking areas (excluding personal car space), sidewalks, walkways, university affiliated parking facilities, and university-owned buildings. This policy applies to satellite campuses, such as UHCL-Pearland and TMC. The University Forest Apartments are exempt from this policy, they are not owned or operated by the university. This policy applies to all employees, students, university affiliates, contractors and visitors and is applicable twenty-four (24) hours a day, seven (7) days a week.

<https://www.uhcl.edu/policies/documents/administration/tobacco-free-2018.pdf>

***Employee Policies:***

The University prohibits the manufacture, distribution, dispensation, sale, purchase, or transfer of any controlled substance by its employees on University premises or while conducting University business. The University prohibits the unlawful possession or use of any controlled substance by its employees on University premises or while conducting University business. Employees may not report to work under the influence of an unauthorized controlled substance. Controlled substances include those drugs listed in the federal Controlled Substances Act.

The University also prohibits the use, possession, distribution, transfer or sale of any drug paraphernalia on University premises or while conducting University business. In addition, the University prohibits employees from reporting to work under the influence of, dispensing, possessing or using alcohol on University premises or while conducting University business except as permitted at specific University events.

**Enforcement**

The University seeks to uphold University drug and alcohol-related policies and laws, and will impose disciplinary sanctions against those students and/or employees who violate said policies and laws consistent with local, State or Federal law. Enforcement of the University's



Drug and Alcohol policies is facilitated by UHCL Police, Dean of Students, the Student Housing & Residential Life and Human Resources. As part of the disciplinary process, the University may also request that the student or employee complete a rehabilitation program.

#### Student Sanctions:

**Any student** found responsible of violating Student Code of Conduct regarding the unlawful possession, use, or distribution of illicit drugs and/or alcohol on campus or at university-sponsored events held off campus will be subject to disciplinary action. This action consists of penalties up to and including probation, suspension, and expulsion. The student may be referred for criminal prosecution and may be required to participate in a satisfactory manner in a drug and alcohol assistance or rehabilitation program.

\*Per our Student Code of Conduct, ***student groups and registered student organizations*** are subject to the same behavioral expectations as individual students and as such, may be charged with violations of the Prohibited Conduct Section of the Student Code of Conduct. The same Student Code of Conduct procedures afforded individual students are applicable to student groups and registered student organizations.

#### Employee Sanctions:

**Any employee** admitting to or convicted of the unlawful possession, use, or distribution of illicit drugs and/or alcohol on the campus or at university-sponsored events held off campus, will be subject to disciplinary action in accordance with the Discipline and Dismissal of Non-faculty policy or the Dismissal of Faculty policy. Further, the employee may be referred for criminal prosecution and may be required to participate in a satisfactory manner in a drug and alcohol assistance or rehabilitation program. Referrals to rehabilitation programs will be as a result of joint consultation between the employee and the Office of Human Resources. Supervisors who suspect that an employee may be in violation of this policy or may be under the influence while at work, must consult with the Executive Director of Human Resources and/or the University Police Department before any action is taken.

#### Data

Any data provided is from the Counseling Services Office. The mission of UHCL Counseling Services is to help students fulfill their goals by fostering connections with and among members of the university community, facilitating the discovery and realization of power in their strengths and developing the ability to address emotional and psychological challenges

The licensed professionals in Counseling Services provide a variety of free and confidential services including individual, couples and group therapy for a variety of personal concerns including anxiety, depression, relationship problems, stress, family issues, substance use, grief/loss, trauma, body image, eating disorders, cultural and identity concerns, and adjusting to UHCL.

Additional services include psychiatry, the MindSpa and biofeedback, outreach, consultation, support groups, and presentations/workshops. Visit our website for self-help resources including instructions to log into WellTrack interactive self-help therapy, take a mental health screening, or use relaxation exercises. UHCL Counseling Services SSCB 3.103, 281-283-2580 or [www.uhcl.edu/counseling-services](http://www.uhcl.edu/counseling-services)

### Substance Use and History

There is great importance in the early detection of substance abuse and dependence of college students in terms of prevention of adverse social, psychological, economic, and medical consequences. Counseling Services seeks to detect students with drug or alcohol concerns during their initial consultation so early treatment and prevention strategies can be implemented.

Below are tables with demographic data collected during the initial consultation. A majority of the students do not indicate a concern with drug or alcohol use. During this reporting period, an average of 71% of students report that they never felt the need to reduce their substance use and 83% report that no one has ever been concerned about their use. Most drug and alcohol reported use numbers remain consistent to last year's numbers. We saw a slight decrease in those reporting recent marijuana use. Lastly, an average of 95% of students report that they have never participated in drug and alcohol treatment in the past.

#### Recent Use Binge Drinking

# Times	2021-2022	2020-2021
None	353 (75.43%)	228 (76.77%)
Once	61 (13.03%)	23 (7.74%)
Twice	30 (6.41%)	22 (7.41%)
3-5 times	18 (3.86%)	21 (7.07%)
6-9 times	6 (1.28%)	1 (0.34%)
10+ times	2 (0.43%)	2 (0.67%)

\*defined as five or more drinks in a row for males or four or more drinks in a row for females

#### Recent Use Marijuana

# Times	2021-2022	2020-2021
None	407 (85.5%)	257 (84.54%)
Once	18 (3.78%)	9 (2.96%)
Twice	8 (1.68%)	8 (2.63%)
3-5 times	14 (2.94%)	11 (3.62%)
6-9 times	12 (2.52%)	3 (0.99%)
10+ times	17 (3.57%)	16 (5.26%)

#### Alcohol/Drug Use Reported

	Current Use	Current Use	Past Use	Past Use
	2021-2022	2020-2021	2021-2022	2020-2021
No Response	298 (54.98%)	177 (51.01%)	259(36.95%)	146 (30.54%)

Alcohol	136 (25.09%)	104 (29.97%)	191 (27.25%)	138 (28.87%)
Cocaine	—————	2 (0.58%)	18 (2.57%)	19 (3.97%)
Ecstasy	—————	1 (0.29%)	22 (3.14%)	22 (4.60%)
Marijuana	64 (11.81%)	41 (11.81%)	130 (18.54%)	96 (20.08%)
Methamphetamines	—————	—————	5 (0.71%)	5 (1.05%)
Prescriptions Drugs	31 (5.72%)	16 (4.60%)	41 (5.88%)	32 (6.69%)
Other Drugs	13 (2.4%)	14 (2.93%)	31 (4.42%)	14 (2.93%)
Synthetics	—————	1 (0.29%)	4 (0.57%)	6 (1.25%)

### Need to reduce drug/alcohol Use (How Many)

	2021-2022	2020-2021
Never	338 (71.61%)	214 (71.33%)
1x	49 (10.38%)	27 (9%)
2-3x	49 (10.38%)	31 (10.03%)
4-5x	11 (2.33%)	3 (1%)
>5x	25 (5.30%)	25 (8.33%)

### When Last Time need to reduce drug/alcohol use

	2021-2022	2020-2021
Never	21 (13.46%)	—————
Last 2 wks	18 (11.54%)	18 (20.93%)
Last month	20 (12.82%)	7 (8.14%)
Last Yr	42 (26.92%)	23 (26.74%)
1-5 yrs	40 (25.64%)	27 (31.40%)
>5 yrs ago	15 (9.62%)	1 (12.79%)

### Others Concerned about Alcohol Use (# Times)

	2021-2022	2020-2021
Never	400 (84.39%)	245 (82.77%)
1x	30 (6.33%)	12 (4.05%)
2-3x	25 (5.27%)	23 (7.77%)
4-5x	5 (1.05%)	4 (1.35%)
>5x	14 (2.95%)	12 (4.05%)

### When was the last time others were concerned about use?

	2021-2022	2020-2021
Never	25 (25.25%)	—————
Last 2 wks	14 (14.14%)	5 (9.61%)
Last month	7 (7.07%)	7 (14.46%)
Last Yr	23 (23.23%)	18 (34.61%)
1-5 yrs	20 (20.20%)	16 (30.77%)
>5 yrs ago	10 (10.10%)	6 (11.54%)

### Prior D & A treatment (# times)

	<b>2021-2022</b>	<b>2020-2021</b>
Never	458 (97.03%)	283 (94.65%)
1x	8 (1.7%)	11 (3.68%)
2-3x	3 (0.63%)	3 (1.00%)
4-5x	1 (0.21%)	—————
>5x	2 (0.42%)	2 (0.67%)

**Last time prior D & A treatment (when)**

	<b>2021-2022</b>	<b>2020-2021</b>
Never	30 (68.18%)	—————
Last 2 wks	1 (2.27%)	—————
Last month	1 (2.27%)	—————
Last Yr	2 (4.54%)	1 (6.25%)
1-5 Yrs	6 (13.64%)	10 (62.5%)
>5 yrs ago	4 (9.09%)	5 (31.25%)

**Clinician Index of Client Concerns (CLICC)**

The Clinician Index of Client Concerns (CLICC) includes 44 concerns and asks the clinician to (a) check all that apply and (b) to identify the “top concern” of those selected. Total addiction issues account for less than 1% of the concerns that clinicians see students presenting for counseling over the 2 year reporting period. It is important to note that this is self-reported data and students tend to under report their alcohol use on questionnaires.

	<b>2021-2022</b>	<b>2020-2021</b>
Alcohol	0 (0.6%)	0 (0%)
Drugs	0 (0.3%)	1 (0.5%)
Addiction	0 (0%)	0 (0%)
Total Addiction	0 (0.9%)	1 (0.5%)

**Client Behavioral Outcomes – Reduction of Substance Abuse and Self Medication**

On the Client Behavioral Outcomes measure that clients indicate which items they have seen improvement in during counseling (individual and/or group counseling), 44.17% of clients noted reducing substance abuse and self-medication in 2020-2021 and 45.45% of clients noted reducing substance abuse and self-medication in 2021-2022.

**Code of Student Conduct Violations**

As part of our annual report and in our collaboration with UHCL PD and Title IX the Dean of Students Office works to ensure that our statistics are reported as accurately as possible.

The following statistics are for all of our cases involving drugs and/or alcohol for the 2020-2021 and 2021-2022 academic years.

Alcohol Related, specifically Public Intoxication, 0 Cases

Drug Related, specifically Possession of Drug Paraphernalia, 1 case

In these particular cases, all students were found responsible and the appropriate sanctions were assigned, none of which lead to a suspension or expulsion.

### UHCL Police Department Annual Security Reports

The Jeanne Clery Campus Security Policy & Crime Statistics Disclosure Act requires colleges and universities receiving federal funding to prepare, publish and distribute campus safety and security policies and crime statistics by October 1 of each year. The University of Houston-Clear Lake does this in the form of an Annual Security and Fire Safety Report. University community members are notified annually of when this report is made available, including how and where to access it.

For information on qualifying Clery Act crimes and geographical reporting boundaries, please see the University Annual Security and Fire Safety Report, or contact the UHCLPD Clery Compliance Officer, Ms. Kelley Reid, at [uhclpdcsa@uhcl.edu](mailto:uhclpdcsa@uhcl.edu) or by calling 281-283-2222.

All reports and statistics are accessible online at the following website, <https://www.uhcl.edu/police/reports>. The most recent 3 Annual Security and Fire Safety Reports are on the UHCL Police Department [website](#) but 7 years are available by request.

### Education

The UHCL offices of Counseling Services and Health Services offer drug and alcohol abuse educational resources, programs, consultation and referrals for employees and students. In addition, the assistance of outside resources may be used. See the section below on psycho-educational programming for more information.

Counseling Services offers Mental Health First Aid (MHFA) trainings. During the 2020-2022 reporting period 37 MHFA and YMHA trainings were conducted for 546 participants. MHFA has a substance use educational component for recognizing and intervening with substance use issues and preventing substance use crises.

In addition to the programming and services provided by the offices of Counseling and Health Services, the Dean of Students, UHCL University Police Department and Title IX offices have engaged our community in the following educational programs and activities:

- 2020 and 2022: "Blame it on the alcohol" awareness event for Hunter Hall provided jointly by the PD, Counseling Services and Health Services.
- 2021: Video displays and handouts educating the campus on addictions provided by Counseling Services

As part of the university's Registered Student Organization (RSO) registration/renewal process, top student officers of the RSO are required to attend a training workshop, which outlines general RSO policies and procedures, including the state required risk management training. The topics covered include: Illegal Substances, Alcohol, Hazing and Hate Crimes, Sexual Misconduct, Fire Safety and Firearms (Includes other Safety Concerns), Student travel, Student Org Social Event(s)/Programs(s), and Disability Awareness. The Office of Student Involvement and Leadership partnered with several offices to record training videos for RSOs. Some departments included Dean of Students, Office of Title IX, University Police Department, Accessibility Support Center.

### **Intervention and Support Services**

#### Employee Assistance Programs:

The Human Resources Department has partnered with Deer Oaks EAP and EAP services are offered to all benefits-eligible employees. The link to find this information is: [UHCL EAP](#). Through the Employee Assistance Program, or EAP, employees can access free, convenient, and confidential professional services, which include alcohol/drug assessments and referral programs.

To access services:

[www.deeraokseap.com](http://www.deeraokseap.com)

Username: UHCL

Password: UHCL

Phone: 888-993-7650

#### Student Assistance Programs:

Students are eligible to consult with the counselors in the Office of Counseling Services or the Office of Health Services about drug and alcohol substance abuse issues and resources.

#### Individual Counseling:

Students are eligible to consult with the counselors in the Office of Counseling Services or the Office of Health Services about drug and alcohol substance abuse issues and resources.

#### Group Counseling:

Counseling Services provides group counseling free of charge to students.

#### 12 Step Programs:

There are no 12 step programs on campus but there are several Alcoholics Anonymous (AA) groups in Clear Lake area. The following webpage provides information about current groups: <https://aahouston.org/>. There are also Narcotics Anonymous (NA) groups in the Houston area. Information about groups is provided at <https://hascona.com>.

#### Psycho-Educational Programs:

UHCL is a commuter university with adult students. There is one residence hall which opened in August 2019. An Alcohol Awareness program, *Blame It on the Alcohol*, was presented to 24 residents of Hunter Residence Hall on October 20, 2020 to 10 residents and on February 15, 2022 to 24 residents. The presentation was given jointly by staff of Counseling Services, Health Services and the Police Department. There are no athletic programs, no sororities /fraternities, and generally less alcohol and drug related problems on campus. Thus, the programs provided outside of the residence hall were designed to impact our adult population and are somewhat different than what might be offered on a more traditional college campus.

For Registered Student Organizations (RSOs), educational videos were created to provide in-depth content on all state required risk management topics. Campus partner such as Dean of Students, University Police Department, Title IX, and Accessibility Support Center all recorded videos that educated students on Illegal substances, alcohol, hazing and hate crimes, sexual misconduct, and disability awareness.

As part of this drug and alcohol awareness campaign, Counseling Services set up an informational display in the open areas of the Bayou, and Student Services buildings March 1 – March 31, 2021 and 2022. This display especially focused on educating students and the UHCL community about the broad topic of addiction awareness, including alcohol and drugs. This display advertised free, confidential on-line screenings, and contained several handouts designed to educate and impact students. In addition, there were also daily posts made to our social media pages during the month of March that included articles and images with information about addiction awareness.

Educational literature and materials on substance abuse, identification and treatment are available free of charge in the offices of Counseling Services and Health Services. On a biennial basis, programs focusing on drug and alcohol abuse education are offered to the university community. The offices of Counseling Services and Health Services and relevant agencies are used as resources in the implementation of these programs. These programs are open to students, faculty and staff at no charge. Educational programs are available by request. These programs are designed to help students, faculty, and staff understand ways to identify persons at risk and to explore methods of dealing with such problems.

A mental health fair, Fresh Check Day, was sponsored by Counseling Services on August 29, 2022. The UHCL PD provided an alcohol awareness booth.

All orientation workshops on sexual assault prevention include information about alcohol and drugs as related to preventing sexual assault.

### **On-Line Screenings**

In addition to the displays that were set up for the above awareness projects, UHCL made available online CCAPS screenings for Depression, Bipolar Disorder, Anxiety, Eating Disorders, Post- Traumatic Stress Disorder (PTSD), Alcohol Use, and Substance Use. This program allows

students to take these anonymous, free on-line screenings from any computer and receive immediate feedback about the results of the screening instruments, recommendations for treatment, and referral to Counseling Services if appropriate. The results of these screenings are in the tables below. This is the purpose for these screenings, to help people recognize when they need treatment and provide information for how they can receive it. The table below shows the results of the CCAPS Screen for the two year period as related to Alcohol Use.

<b>CCAPS Screen</b>	<b>Alcohol Use</b>
<b># Users</b>	<b>129</b>
<b>Low</b>	88 (68%)
<b>Medium</b>	14 (11%)
<b>Elevated</b>	27 (21%)

The University acknowledges the diverse needs of its community of learners – both students who physically attend the campus and those who attend online. In approaching prevention and support services to the student community, the University recognizes these diverse needs, and has approached prevention education with an eye to the community being served in each modality.

The University student population represents traditional aged college students in both a commuter and residential setting. The University online student population is typically comprised of non-traditional aged students, primarily working adults, accessing their learning environment remotely and in an exclusively online modality.

The University acknowledges the distinctions between the populations by developing alcohol and other drug prevention education efforts that are responsive to the audience.

Learn more about Counseling Services at <https://www.uhcl.edu/counseling-services/>.

Request an appointment by calling 281-283-2580.

Learn more about Health Services at <https://www.uhcl.edu/student-affairs/health-wellness/health-services/>

Request an appointment by calling 281-283-2626.

### **Evaluation of Plan Program Strengths**

The University provides clear and comprehensive guidelines for students, faculty and staff regarding its alcohol and other drug policies.



The University maintains records of student and staff violations and sanctioning processes that are consistently implemented. The Dean of Students Office keep track of student violations and sanctions via Maxient.

The University provides AOD prevention to its students, specifically targeting our on-campus students through active and passive programming in our Residence Hall. The University acknowledges the distinctions between campus and online/distant learning populations.

The University employs staff with appropriate training and credentials to address issues of alcohol and other drug use/abuse by students and staff and/or contracts with third party vendors to provide support services.

### **Program Weaknesses**

At this time, the University of Houston-Clear Lake does not have a department for Wellness to coordinate efforts in this area. It is critical for the institution to create a centralized effort to educate and inform students, faculty, and staff on related topics. This should include preventative measures based on incidents and best practices. The University also needs to determine the department or position that is responsible for the coordination, management, and compliance of state expectations for education, outreach, and reporting.

### **Program Recommendations**

The University will conduct a full review of all relevant efforts, policies, and educational opportunities related to this topic. UHCL will establish a committee of cross campus collaborators to coordinate reporting for the Drug-Free Schools and Communities Act Biennial Review and any updates or changes to the AOD Policy. This will include a review of all AOD efforts to be completed by the end of the next cycle.

Several notable inclusions for review, but not limited to:

- Strengthen data collection process to increase the depth and breadth of the institutional awareness related to the issue.
- The Dean of Students Office will contact their counterparts at the University of Houston to discuss the educational program they are currently using as part of their sanctions and initial education.
- The Dean of Students will ensure that an educational module/program is include is included in all new student orientation sessions.
- Repeat administration of the NCHA survey will also strengthen data about our students' alcohol and drug use. As Residence Life policies are developed, alcohol and drug policies should be addressed. Add details to the university's AOD policy that specifically addresses the enforcement of the policy for student organizations.
- Determine trends of usage at the institution based on Clery Act data and incident reporting to implement responsive approaches for practice, policies, and programs.

- Integrated use of academic research and best practices to inform a proactive approach to institutional effectiveness in this area for students, faculty, and staff.

### Summary

The University organized a cross departmental workgroup for the purpose of engaging in a biennial review of compliance with the Drug-Free Schools and Communities Act, and conducted a review in order to summarize and evaluate the effectiveness of the University's programs and activities related to alcohol and drug prevention during the 2020-2021 and 2021-2022 academic years.

The University continues to remain in compliance with the requirements of the Drug-Free Schools and Communities Act and has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by its students and employees. This is demonstrated the University's comprehensive approach to addressing alcohol and other drug issues in its community. The University remains committed to creating a safe and healthy environment for its students.

At the beginning of each academic semester, the Dean of Students sends a series of federal and state compliance email communications to all enrolled students. This includes a notification of the AOD policy and the location of the Drug Free School and Communities Biennial Review Report, which is available online on the Dean of Students Office website at [www.uhcl.edu/dos/](http://www.uhcl.edu/dos/).

While UHCL is doing what is needed to meet the requirements for this report, as mentioned above, there is a lot of work to still be done to ensure sustainable and consistent programming and assessment of the education, understanding, and outreach conducted on our campus directly related to alcohol and other drugs.

### Resources and DRSCA Publications:

- [Complying With the Drug-Free Schools and Campuses Regulations \[EDGAR Part 86\]: A Guide for University and College Administrators](#)
- [1998 Amendments to the Higher Education Act of 1965 \(P.L. 105-244\)](#)
- Drug-Free Schools and Communities Act Amendments of 1989 (P.L. 101-226)
- [Higher Education Center for Alcohol and Other Drug Prevention](#)
- [Family Educational Rights and Privacy Act \(FERPA\)](#)
- [The Higher Education Opportunity Act of 2008](#)