

SOFIA GEORGIADOU, Ph.D., LPC-S, LMFT-S, NCC

sgeorgiadou@yorkvilleu.ca

Houston, TX – (281) 386-5564

<https://www.linkedin.com/in/drsofiageorgiadou/>

EDUCATION

Ph.D., Marriage and Family Therapy (COAMFTE Accredited) *August 2009 – August 2012*

University of Louisiana at Monroe

M.A., Marriage and Family Therapy (CACREP and COAMFTE Accredited) *August 2007 – May 2009*

University of Louisiana at Monroe

B.A., Psychology *2001 – 2006*

GPA: 3.43

Aristotle University of Thessaloniki, Greece

Exchange Student at the School of Psychology *April – July 2005*

Julius Maximilians Universität von Würzburg, Germany
(SOCRATES – ERASMUS Exchange Program)

CLINICAL/SUPERVISION EXPERIENCE

Positive Steps Inc. Residential Treatment Center (Houston, TX) *Nov. 2016 – Oct. 2022*

Clinical Director/ Treatment Coordinator

Developed and monitored treatment plans for 60 adolescent females (12-21 years old)

Supervised 30 graduate and undergraduate Psychology and Counseling interns

Supervised team of 3 therapists using trauma-informed care and family systems approaches (Individual, Group, Family)

Interviewed, evaluated and trained over 10 hired caregivers and case managers

Collaborated weekly with Medicaid case managers to provide updates and discuss patient treatment needs, diagnoses, and medications.

Skills: Clinical Supervision | Team Leadership | Cross-functional Team Management | Treatment Planning | Data Analysis

LPC-Supervisor on Motivohealth.com (License#69582) *May 2021 – Jul. 2022*

Supervised a team of up to 6 LPC Associates in Texas virtually (Zoom)

Houston Area Community Services

Sep. 2012 – Sep. 2013

Behavioral Health Specialist - Provided weekly individual and group therapy to 15-20 adults (special clinical populations served: homeless, HIV+, LGBT, Dual-disorder diagnosis)

Collaborated with multidisciplinary team of 15 providers, including GPs, psychiatrists, social workers, and case managers

Provided weekly group and individual therapy services to 12 young adults-residents at Covenant House Texas – Homeless shelter for youth (18-21 years old)

Liberty Healthcare Systems – Adolescent behavioral health hospital

June 2011 – Mar. 2012

hospital

Counseled teens individually and with their families via teleconferences or face-to-face sessions (6-7 sessions daily)

Facilitated group therapy sessions for kids (ages 7-12) and adolescents (ages 13-17) 2 times daily

Collaborated daily with multidisciplinary team of 15-18 providers, including psychiatrists, nursing staff, utilization review staff and other therapists

Conducted weekly group therapy and individual assessments in IOP Program for geriatric population

Children’s Advocacy Center *May 2010 – May 2011*
Counseled 35 sexually and/or physically abused children & their families
Utilized experiential, structural and solution-focused therapy models

INSTRUCTIONAL AND CURRICULUM DESIGN EXPERIENCE

University of Houston at Clear Lake Master of Arts in Family Therapy – Assistant Professor (on-ground) and Internship Coordinator for 2023-2024 cycle *Jul 2022 – Present*
Teaching Courses (<50% online) with Blackboard LMS – Courses: Internship | Systems and Symptoms | Psychopathology | Practicum | Cross-cultural Perspectives on Family | Family Assessment
Skills: Curriculum Development | Student Outcomes Assessment | Cross-institutional Research Collaboration | Grant-writing | Research Project Management

Yorkville University Masters in Counseling Psychology Program – Part-time Faculty (Online) *Mar 2021 – Present*
Teaching Courses with Moodle LMS (asynchronous and synchronous formats): Ethical Standards for Mental Health Service Providers | Assessment | Research Methodology | Counseling Skills | Practicum
Skills: Universal Learning Design | Student Outcomes Assessment | Research Collaboration with Grad Students | Grant-funded Research | Project Management

University of the People *Jul 2017 – Dec 2018*
Volunteer Instructor for undergraduate courses (Fall 2017 – Spring 2018 – Fall 2018) – Asynchronous Teaching on Moodle:
Courses: Emotional Intelligence | Introduction to Health Psychology
Skills: Asynchronous discussion forum (Moodle LMS) | Grading and Assessment of students | Bibliographical Research

New York City College (Thessaloniki, Greece) Adjunct Professor *Jan 2015 – May 2015*
Teaching to senior undergraduate Psychology students in-person and asynchronously via Moodle
Course: Psychology Research Methods
Skills: Active Experiential Learning | Powerpoint-based Lectures | Data Analysis | Qualitative Research

Our Lady of the Lake University – Houston Campus Masters in Counseling Psychology Program Adjunct Professor *May 2013 – Aug 2013*
Teaching in-person – Course: Professional Issues and Ethics
Skills: Curriculum development | Group Discussion Facilitation | Classroom Management

University of Louisiana at Monroe *Jan 2011 – May 2011*
Teaching Assistant to Dr. Harper Gaushell
Teaching in-person undergraduate course: “Skills for Married Couples”
Skills: Interactive group discussion | Powerpoint presentations | Active Learning (e.g. role-playing) | Asynchronous communication with students via Moodle | Grading and Evaluation of students

INTERNSHIPS

(1000 client contact hours and 300 supervision hours)

Emerson Counseling Center *Jan. 2009 – May 2010*
Counseled teens and their families (Pre-trial Diversion Program)
Utilized solution-oriented, strategic and experiential systemic models of therapy

University of Louisiana at Monroe Marriage and Family Therapy Clinic Counseled individuals, couples and families Received live supervision in one-way mirror therapy rooms, as well as group & individual supervision Practiced traditional and postmodern systemic modalities	<i>May 2008 – May 2011</i>
Palmetto Addiction Recovery Center Conducted co-therapy in teleconferences with residents' families Co-facilitated Adult Group Trained in and used a 12-step Program Philosophy	<i>Sep. 2008 – May 2009</i>
FINS (Families in Need of Services) Counseled truant and "ungovernable" teens and their families Collaborated with Director of FINS on families' assessment Prepared progress reports for court review	<i>Aug. 2008 – May 2009</i>
Juvenile Drug Court (JDC) Counseled Juvenile Drug Court teen clients and their families Co-facilitated a) Teen and Multi-family Groups & b) Ropes Course Conducted home-based therapy Participated in weekly multidisciplinary meetings with JDC Judge, District Attorney, Probation Officers, Case Manager and Clinical Supervisor	<i>May 2008 – May 2009</i>

GRANTS

Submitted – Pending notification (Principal Investigator) Spencer Foundation Large Grant in Education (\$226,411) 2024-2025 for the Study: Advancing Marriage and Family Therapy Education: A Mixed Methods Study Students' and Graduates' Perceptions of MFT (Marriage and Family Therapy) Training Co-Principal Investigator: Dr. Stephen Fife; Dr. Ashley Hicks; Dr. Jane McInt	<i>2024-2025</i>
Awarded (Co-Principal Investigator) Bluenotes Community and Explorance Inc. (\$12,571) 2023-2024 External Grant for the Study: Students as Educational Partners: Exploring Consumers' Perceptions of Competency and Skill Development to Improve Marriage and Family Therapy Master's Education Principal Investigator: Dr. Ashley Hicks (Ohio State University)	<i>2023-2024</i>
George Pulliam Distinguished Faculty Fellowship in Marriage and Family Therapy Endowment (\$5,000)	<i>2022- 2023</i>
TACES (Principal Investigator) Research Grant (\$500) for the Study: Opening and Operating a Private Practice: A Needs Assessment for LPC Associates' Perceived Challenges, Education, Supervision and Training	<i>2022</i>
(Principal Investigator) Yorkville University Support for Scholarly Activity Funding (\$13,000): Experiences of Diversity, Equity, Inclusion and Othering among YU Students: Exploring a Community of Belonging Co-Investigators: Dr. Andree Robinson-Neal (M.Ed. Faculty), Mandira Aich (YU graduate student) and Sadekie Lyttle-Forbes (YU alumna)	<i>2022</i>
(Principal Investigator) Bluenotes Community and Explorance Inc. (\$10,000) External Grant for the Study: Experiences of Diversity, Equity, Inclusion and Othering among YU Students: Exploring a Community of Belonging	<i>2022</i>

Co-Investigators: Dr. Andree Robinson-Neal (YU M.Ed. Faculty), Mandira Aich (YU graduate student) and Sadekie Lyttle-Forbes (YU alumna)

International Peace Scholarship (\$5,000) (by the Philanthropic Education Organization – P.E.O.)	2010 – 2011
Fulbright Foundation (\$15,000) Scholarship for graduate studies in US	2007 – 2008

PUBLICATIONS

Georgiadou, S., Te Qi (Submitted 2023, under review). Establishing a Private Practice: A Needs Assessment for LPC Associates' Education, Supervision and Training. *Journal of Counselor Education and Supervision*.

Georgiadou, S., Lyttle-Forbes, S., Arnab Aich, M., & Robinson-Neal, A. (Submitted 2023, under review). Exploring a University student community: Correlations between diverse intersectionalities and othering. *Journal of Diversity in Higher Education*.

Georgiadou, S., McChesney, K., & Boswell, J. (Submitted 2023, under review). Supporting Faculty Wellness During Times of Change. In M. Drinkwater & P. Deane (Eds.), *The Bloomsbury Handbook of Context, Change, and Transformative Leadership in Higher Education*. Bloomsbury.

Lysikatou, A. & **Georgiadou, S.** (2023). Resilience, Styles of Humor and Well-being in Greek Parents of Children with Disabilities. *European Journal of Applied Positive Psychology*.

Georgiadou, S. (2014). Reflections on the Conference “European Conference on Systemic Research in Therapy, Education and Organizational Development». Metalogos (Systemic Association of Northern Greece), Issue 25.

Georgiadou, S. (2014). A Conversation with Judy Smith, Family and Organizational Constellations Facilitator. *The Knowing Field*.

Georgiadou, S., & Wilkins-Smith, J. (2014). Bert Hellinger's Family Constellation Work: Roots, similarities and distinctions with Classic Family Therapy Models. *The Knowing Field*.

Georgiadou, S., & Wilkins-Smith, J. (2013). Participants' Experiences in Hellinger's Family Constellation Work: Findings of a Grounded Theory Study. *The Knowing Field*, 21, 34-40.

PRESENTATIONS

Hicks, A. & Georgiadou, M. (2023, Jul). *Students as Educational Partners: Exploring Consumers Perceptions of Competency and Skill Development to Improve Marriage and Family Therapy Master's Education*. In-person presentation at Bluenotes Explorance 2023 Conference, Louisville, KY.

Notice, M. & **Georgiadou, S.** (2023, Apr). *Embracing Change: Supporting Clinician Adjustment to Telehealth*. In-person presentation at International Family Therapy Conference, Malaga Spain.

Northey, W. & **Georgiadou, S.** (2023, Apr). *Learning from the best or the worst? Rethinking systemic training*. In-person presentation at International Family Therapy Conference, Malaga Spain.

Georgiadou, S. (2023, Feb). *A Trust-Based Relational Intervention (TBRI®) Approach for Counselors Treating Equity-Seeking Foster Youth with Addiction Issues*. Virtual presentation at South Dakota State University's conference “Strengthening the Heartland: The Intersection of Diversity and Addiction”.

Georgiadou, S. (2022, Oct). *An immigrant faculty in international waters: Navigating the dynamics of multicultural teaching*. Virtual presentation at the International Association of Intercultural Education conference.

Georgiadou, S., Varnado-Johnson, C., & Miller-Reed, R. (2022, Jun). *It Takes a Village: A Systemic Approach to Trauma When Counseling Equity-Seeking Youth*. NBCC Foundation 2022 Bridging the Gap Symposium, Eliminating Mental Health Disparities (in-person) – Washington, DC

- Georgiadou, S. (2022, Feb). *Ethical decision-making for counselors treating children in CPS Care*. Virtual Presentation: Law and Ethics in Counseling Conference – New Orleans, LA.
-
- Georgiadou, S. (2021, Jun). *Counselor Career Trajectory*. Virtual Guest Speaker at the “Introduction to Career Counseling” Course COUN 527 – Nicholls State University
-
- Georgiadou, S. (2021, Mar). *Trauma and Related Disorders*. Guest Speaker in Masters in Counseling Psychopathology course - University of North Texas-Denton
-
- Georgiadou, S. (2015, Jan). 2nd Panhellenic Conference of Sexology, Thessaloniki, Greece
Poster Presentation 1: *Gender Dysphoria: A Case Study*
Poster Presentation 2: *Gender Dysphoria: Multidisciplinary Standards of Care worldwide*
-
- Georgiadou, S. (2014, Oct). *Attitudes towards utilizing mental health services among Greek-Americans and Greek immigrants of the US (A quantitative study)*. WPA Thematic Conference on Intersectional Collaboration, 5th European Congress of INA & 2nd Interdisciplinary Congress on Psychiatry and Related Sciences – Athens, Greece
-
- Georgiadou, S. (2014, May). *Resilience in formerly homeless youth within a transitional housing program in Texas, US: A case study of five youth*. 19th International Congress of the Association of Psychology & Psychiatry for Adults and Children (APPAC) «Neuropsychiatric, Psychological & Social Developments and Challenges». Athens, Greece
-
- Georgiadou, S. (2014, Mar). *The systemic approach in interdisciplinary medical settings: The application of medical family therapy in the U.S*. Poster presentation - 4th Conference “Biopsychosocial approach to Medical Care” – Thessaloniki, Greece
-
- Georgiadou, S. (2014, Mar). *Participants’ experiences in Family Constellation experiential workshops in the U.S.: A grounded theory study*. Poster Presentation at the European Conference “Linking Systemic Practice and Systemic Research – Heidelberg, Germany
-
- Georgiadou, S. & Wilkins-Smith, J. (2013, Aug). Dimensional Mapping of Families: How to Identify Hidden Patterns and Perceived Limitations in Family Systems. Houston LPC Association Continuing Education Seminar – (1.5 CEUs)

PROFESSIONAL LICENSURES

AAMFT Approved Supervisor	<i>Feb 2023 – present</i>
Completed AAMFT Supervisor Fundamentals Course	<i>July 2021 – Aug. 2021</i>
National Certified Counselor (NBCC) – ID#1620296	<i>2021 – present</i>
Licensed Marriage and Family Therapist-Supervisor in Texas (License #203203)	<i>Oct. 2019 – present</i>
Licensed Professional Counselor-Supervisor in Texas (License #69582)	<i>Aug. 2017 – present</i>
Licensed Professional Counselor in Texas (License #69582)	<i>Aug. 2012 – present</i>

MEMBERSHIPS / ORGANIZATIONS

- 2023-present: COAST (Coalition of Associations for Systemic Therapists) Founding Member
-
- 2023-present: AAMFT Approved Supervisor
- 2020-present: Clinical Fellow
- 2013: Pre-Clinical Fellow Member
-
- 2007-2013: Student member
-
- TAMFT (2016 – present): Professional Member
-
- NBCC National Certified Counselor (2021-present): ID# 1620296
-
- TCA (Texas Counseling Association) and TACES (Texas Association of Counselor Education and Supervision) – Jan, 2022-present: ID# 109443
-

SERVICE

- COAMFTE Accreditation Reviewer Jan 2023 to Dec 2024
-

Administrator of the Society for the Teaching of Marriage and Family Therapy (STMFT)

Facebook community (<https://www.facebook.com/groups/stmft>)

Pre-Grad Mentor for Project SHORT (Students for Higher-Ed Opportunities and Representation in Training): 2022 - present

Mentor for a Masters Student/Fellow of the Interdisciplinary Minority Fellowship Program (IMFP) – National Board for Certified Counselors (NBCC): 2021-2022 Cycle

Research Committee Member (July 2021 – July 2023) and Volunteer Abstract Reviewer for 2022 ACA Conference – American Counseling Association (ACA)

2022 and 2023 Annual TAMFT Conference Committee Member – Texas Marriage and Family Therapy Association (TAMFT)

Volunteer Abstract Reviewer for TAMFT Conferences from 2016 to 2023 – Texas Marriage and Family Therapy Association (TAMFT)

Volunteer for Hurricane Harvey Relief and Immigration Forums (Sept. 2017-September 2018) – Baker Ripley NGO

Houston LPC Association Board Member (Secretary): October 2012 – October 2013

TECHNOLOGY:

Microsoft Office (Teams, Word, Excel, Powerpoint), Canva, Titanium EHR, i-Movie

Blackboard, Moodle, Canvas

Dedoose Qualitative Data Analysis

Zoom, Webex