

HUMAN SCIENCES AND HUMANITIES

10HSH-FI-2_10_30_06



University
of Houston
Clear Lake

Fitness and Human Performance

*B.S. at UHCL; A.A./A.S. at Community College *

(2006-2007 2+2 Transfer Plan to University of Houston-Clear Lake)

UNIVERSITY-REQUIRED TRANSFER COURSES

FOOT NOTES	CORE CURRICULUM REQUIREMENTS*	CORE #	FOOT NOTES	RECOMMENDED PROGRAM FOUNDATION COURSES*
a	ENGL 1301 - Composition I	3		KINE 1306 or PHED 1306 - Safety & First Aid** 3
a	ENGL 1302 - Composition II	3		KINE 1309 or PHED 1304 - Healthful Living 3
b	Humanities (take at UHCL)			SOCI 1301- Introduction to Sociology 3
c	HIST 1301 - American History I**	3		PSYC 2301- Introduction to Psychology 3
c	HIST 1302 - American History II**, or HIST 2301, 2302 or 2303 - Texas History	3		BIOL 2401 or 2402- Anatomy & Physiology 4
	GOVT 2301 - Government I	3	i	Electives 6
	GOVT 2302 - Government II	3		22*
	MATH 1314 - College Algebra (or higher), or Algebra-Based Mathematics for Liberal Arts	3	j	Prerequisite &/or Remedial Courses
d	Visual & Performing Arts**	3		_____
e	Natural Science	6		_____
f	Social & Behavioral Science**	3	j	Additional courses for the Associate Degree
g	Speech Communication	3		_____
h	Computer Competency	3		_____
		42*		

EXPLANATION OF FOOTNOTES

- \ Associate degree requirements at the community college, including the minimum allowed grade point average, are found in the community college catalog in effect during the student's initial semester of continuous enrollment. See a community college counselor for more information. Please note that not all courses are offered at all community colleges. Check with your counselor for availability of courses on your campus.
- * UHCL's requirements are consistent with the 42-hour Texas core curriculum. If a student completes a component of the core at one Texas institution, that block of courses will be substituted for UHCL's same core component(s). Additional Program Foundation courses are required. **Please refer to your school's core requirements for specific courses in each area below. The School of Human Sciences and Humanities at UHCL will transfer up to 69 semester hours from the community college.**
- ** These Curriculum & Foundation Requirements may be fulfilled by approved upper-level equivalents at UHCL.
- a** Must complete six hours of Composition with grades of "C-" or better.
- b** Suggested courses for Humanities include: any ENGL literature, HUMA, PHIL, RELI, SPCH or HIST (in addition to core requirements), or sophomore-level foreign language course.
- c** Six hours of American History required; three hours may be in Texas History.
- d** Suggested courses for Visual & Performing Arts include: any ARTS, DANC, DRAM, MUSI, or MUAP course. Three semester hours credit required.
- e** Suggested courses for Natural Science include: Biology preferred, Physics, Chemistry, Geology
- f** Psychology, Sociology, Anthropology courses.
- g** Suggested courses for Speech Communication include: any SPCH course.
- h** Suggested courses for Computer Competency include: any COSC or CSCI course. Other courses may meet this requirement. Please check with an adviser on your campus.
- i** May choose any lower level class that may be beneficial for the chosen major. Suggested electives may be chosen from: ARTS 1301, 1303, 1304; BIBL; COMM; COSC; CSCI; ECON; ENGL literature; foreign language; GEOG; HIST; laboratory science; MATH; PHIL; PSYC; and SOCI.
- j** With the exception of remedial courses, these courses will count toward the bachelor's degree at UHCL as electives. These courses are either prerequisite courses for required university courses, courses required for the associate degree, or are required remedial courses to satisfy the TASP mandate.
- # The core component number is used by Texas schools to identify which area of the 42-hour core curriculum a course fulfills.

Bachelor of Science in Fitness and Human Performance

2006-2007 Catalog

GENERAL DEGREE REQUIREMENTS

- * A total of 123 semester hours of applicable college credit. A maximum of three hours of lower-level “activities” courses may be applied toward graduation. No more than 18 semester hours of previously earned lower-level credit may have been taken by correspondence, extension or CLEP.
- * At least 54 semester hours of upper-level work. Correspondence, extension or CLEP credit cannot be used to fulfill this requirement. A minimum of 48 hours of upper-level work must be completed with grades of “C” or better.
- * At least 30 hours of the degree program, including 12 hours in the major, must be taken in residence at UHCL.
- * A cumulative GPA of 2.000 on course work completed at UHCL with grades of “C” or better on at least 30 hours of resident upper-level work. Grades of “C-” and below can not be applied toward the 30 hours of resident upper-level work.
- * Remain continuously enrolled (complete at least one course in a 12 month period) or meet requirements of a later catalog.
- * Complete the degree within seven years or meet requirements of a later catalog.

HSH GENERAL EDUCATION REQUIREMENTS (9 hours)

WRIT 3037 - Advanced Writing	3
HUMN 3031, 3033 or 3035 - Basic Texts I, II or III	3
Humanities Requirement (Another Basic Text or course from an approved list)	3

PROGRAM CORE REQUIREMENTS (27 HOURS)

HLTH 3031 - Health, Emergency Care and First Aid	HLTH 3135 - Health Promotion Programs
HLTH 3739 - Undergraduate Practicum	HLTH 4031 - Physiology of Exercise
HLTH 4032 - Biomechanics	HLTH 4033 - Nutrition, Fitness & Weight Control
HLTH 4034 - Principles of Physical Fitness	HLTH 4035 - Seminar in Sports Medicine
HLTH 4739 - Internship	

SUPPORT AREA - SELECT ONE (9 HOURS)

Exercise Science

HLTH 3136 - Applied Kinesiology	BIOL 4437 - Cell Biology	BIOL 3733 - Human Anatomy
BIOL 4431 - Biochemistry	BIOL 4432 - Biochemistry II	BIOL 4435 - Prin. of Human Phys. I
HLTH 4037 - Peak Performance	BIOL 4436 - Prin. of Human Phys. II	PSYC 4136 - Brain and Behavior
PSYC 4631/4632 - Research Design and Statistical Measurements I and II		

OR

Health Promotion

HLTH 4036 - Health Psychology	HLTH 4931 - Selected Topics in Health	HLTH 4334 - Women’s Health
PSYC - 3231 Learning	PSYC 4332 - Industrial/Organizational Psyc	PSYC 4536 - The Aging Experience
PSYC - 4631/4632 - Research Design and Statistical Measurements I and II		

HSH reserves the right to change course lists or to require additional hours within course lists, but the total of 123 hours (54 upper-level minimum) will still be valid.

ADDITIONAL COURSES NECESSARY TO MEET UPPER-LEVEL REQUIREMENTS OR TO MEET MINIMUM REQUIRED HOURS FOR GRADUATION



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A c c r e d i t e d . A f f o r d a b l e . A c c e s s i b l e .